

MENU

Soups & Salads.

Soup of the Day 5

French Onion 5

Tomato Bisque 5

Caesar Salad 7

romaine lettuce, croutons, parmesan cheese and Caesar dressing. Add Chicken \$3

Filet Salad 17

spring mix, corn, grape tomatoes, blue cheese crumbles, red onion, served with chipotle ranch

7C House Salad 7

spring mix, cucumbers, tomatoes, carrots, and croutons

Asian Salad 11

Spring mix, teriyaki chicken, onions, mandarin oranges, wontons, carrots with ginger dressing. Sub Shrimp \$3

Cobb Salad 12

Spring mix, diced tomatoes, red onions, hard-boiled egg, bacon, and jerk seasoned chicken

Buffalo Chicken Salad 11

Romaine, grilled chicken, diced tomato, blue cheese, red onion, cucumber. Crispy Chicken

\$2

Starters.

Onion Rings 8

Cajun Fried Pickles 7

Bang Bang Shrimp 10

Bavarian Pretzels 8

with a side of white cheese

Buffalo Dip 10

with tortilla chips

Spinach Dip 10

served with toasted pita chips

Mac and Cheese 7

cavatappi mixed with house made cheese sauce topped with Italian breadcrumbs and parm cheese

Wings- 10 PCS.

Traditional- 14

Boneless- 12

7C Wing Sampler (21 PCS) with your choice of 3 sauces 22

choose your sauce: mild, hot, bbq, 7c dry rub, garlic parm, cajun butter, cherry chipotle bbq, sweet heat, honey hot, carolina bbq

Hummus and Pita 9

Platter w/ carrots, pita, cucumbers, celery

Stuffed Peppers 9

three half red peppers stuffed with ground meat, cheddar cheese, tomato sauce

Chicken Tenders 7

with your choice of honey mustard, bbq, or buffalo sauce

Chicken Quesadilla 9

chicken, cheddar jack cheese, chipotle sauce served with salsa and sour cream

Crinkle Cut Fries 5

with a side of white cheese

Loaded Crinkle Fries 10

bacon, scallions, melted cheddar, ranch and queso sauce

Polish Nachos 9

pierogies, kielbasa, sauerkraut topped with sour cream

Cheesesteak Spring Rolls 9

house-made served with cherry pepper dipping sauce

Nachos 8

tortilla chips topped with aged cheddar, chopped lettuce, diced tomatoes, jalapenos, black olives, citrus sour cream drizzled, and served with salsa. ADD Chicken \$3 Beef or Steak \$4

Mozz Sticks 8

Corned Beef Spring Rolls 8.5

house-made sauerkraut, fried onions, swiss cheese, served with thousand island

Pulled Pork Fries 9

pulled pork, bbq, pico, melted cheddar

Cauliflower bites- with 7c sauce 8

Extra Toppings: mushrooms, spinach, onions, peppers (\$1)
pepperoni, bacon (\$2) chicken & sausage (\$3) ground beef
or steak (\$4)

Pizza.

- Traditional** 12
cheese and sauce
- White Pie** 12
garlic and herb oil, mozzarella, cheese, spinach and diced
tomatoes
- Fig Flatbread** 9
fig jam, ricotta, prosciutto, grape tomatoes, topped with
arugula, parmesan, and balsamic glaze
- Margarita Flatbread** 8
fresh mozzarella, sliced tomatoes, and basil
- Buffalo Flatbread** 8.5
buffalo chicken dip and mozzarella cheese
- Chicken, Bacon, Ranch Flatbread** 9
chicken, bacon, ranch, mozzarella cheese, diced tomatoes,
avocado
- Meatlovers Flatbread** 9
marinara, sausage, pepperoni, bacon, and mozz cheese

Sandwiches.

served with choice of chips, fries or apple slices.
upgrade to sweet potato fries (\$1.50), onion rings(\$2.25), tater tots(\$2.25) salad (\$1.75)

- Cheesesteak** 11
choice of cheese: american, provolone, swiss, or cheddar
- Chicken Cheesesteak** 10
choice of cheese: american, provolone, swiss, or cheddar
- Roast Beef Melt** 10
sliced eye round with cheddar cheese on sourdough with a
side of au jus
- Cali Turkey Melt** 10
provolone, spinach, bacon, avocado, and ranch on ciabatta
- Reuben** 9
grilled on rye bread with thousand island dressing, corned
beef, and sauerkraut
- Chicken Italiano** 10
grilled chicken, with roasted red peppers, fresh spinach,
marinara, provolone and mozzarella on ciabatta
- French Dip Sandwich** 14
sliced prime rib, on a toasted roll, w/creamy horseradish,
provolone cheese w/ a side of au us

Entrees.

served with a side salad FROM 4-8PM Monday-Friday

- Meatloaf topped with Demi** 17
served with mac and cheese and green beans
- Grilled Bruschetta Chicken** 17
topped with mozzarella cheese and balsamic glaze, served with scalloped potatoes and green beans

Burgers.

served with choice of chips, fries or apple slices.
upgrade to sweet potato fries (\$1.50), onion rings(\$2.25),
tater tots(\$2.25) salad (\$1.75)

- FOP Burger** 10
beef patty with your choice of cheese on brioche bun
- Back The Blue Burger** 11
beef patty with cajun seasoning, blue cheese crumbles
and herb mayo on a brioche bun
- Smash Burger** 12
2 patties, with gouda, garlic aioli, lettuce, tomato
and onion on a brioche bun
- Texas Burger** 11
beef patty, bacon, bbq, fried onions, and cheddar
cheese on a brioche bun
- Sweet Potato Veggie Burger** 10
red pepper remoulade, lettuce, tomato, and onion
on a brioche bun
- Last Out Burger** 12
beef patty, bacon, american cheese on french toast
with sunny side up egg & syrup
- Chicken Salad** 8
lettuce and tomato
- Tuna Melt** 8
on sourdough with provolone cheese, and tomatoes
- Crispy Chicken Sandwich** 10
herb mayo, lettuce, tomato, pickles and pepper jack cheese
on brioche bun
- Grilled Cheese** 13
cheddar, provolone, and american with garlic aioli on
sourdough served with tomato bisque and fries
- BLT** 7
bacon, lettuce, and tomato
- Grilled Chicken Wrap** 8.5
ranch, lettuce, tomato, onion, bacon, and american cheese
- Chipotle Turkey Panini** 10
sliced turkey, arugula, roasted red peppers, provolone with a
chipotle aioli on ciabatta
- Crispy Cordon Blue Sandwich** 11
ham, provolone cheese, house made honey mustard on a brioche bun